

# Recovery Community Center Calendar

**Monday** Music Therapy Group **5:30 - 6:30 PM**  
Crystal Meth Anonymous **5:30 - 6:30 PM**  
Grief Support Group **5:30 - 6:30 PM**

**Tuesday** Alcoholics Anonymous **5:00 - 6:00 PM**  
Free Yoga Class **6:00 - 7:00 PM**  
SMART Friends & Family **6:30 - 7:30 PM**  
SMART Recovery **6:30 - 7:30 PM**

**Wednesday** Coffee & Conversation ...a Harm Reduction Works Meeting **11:30 AM- 12:30 PM**  
Al-Anon **12:00 - 1:00 PM**  
Young People's All Recovery **5:00 - 6:00 PM**  
LBGTQ+ All Recovery Meeting **6:30 - 7:30 PM**

**Thursday** Veterans Coffee Social **9:00 - 10:30 AM (Veterans Only)**  
Harm Reduction Works Meeting \*Spanish speaking meeting **12:00 - 1:00 PM**  
Adoptees Connect (April 4th) **5:30 - 7:30 PM**  
Medication Assisted Recovery Anonymous **6:30 - 7:30 PM**

**Friday** Crystal Meth Anonymous **5:30 - 6:30 PM**  
SMART Recovery **6:30 - 7:30 PM**

**Saturday** Heroin Anonymous **12:00 - 1:00 PM**  
Alcoholics Anonymous Literature Study **3:00 - 4:00 PM**  
Deaf and Sober Gathering (April 27th) **3:00 - 5:00 PM**  
Lazos de Amor (women only) **6:30 - 7:30 PM (April 20th)**

## Daily Activities 1:00 – 3:00 PM

Mon, Wed, & Fri: Movie Time  
Tues & Thur: Game Time  
\*Free popcorn and koolaid

*\*Schedule subject to change.  
Follow us on Facebook/Instagram for  
important announcements.*



Virtual Option [linktr.ee/recoveronline](https://linktr.ee/recoveronline)  
Yoga also available on Facebook Live.

## No-Cost Services

Recovery Coaching  
Referral to Community Resources  
Narcan Training  
Harm Reduction Resources  
Laundry Access\*  
Computer Access\*  
\*For active coaching participants

## Special Events

Friday, Apr. 12th  
**Recovery's Got Talent**  
at Recovery Cafe  
6 - 8 PM

Wednesday, Apr. 17th  
**Recovery Community  
Celebration**  
(Burger Bash)  
4 - 5:30 PM

Tuesday, Apr. 16th  
**FREE HIV/Hep C Testing**  
(Provided by Target 4 Project)  
4 - 7:30 PM

## Life Skills Classes

Cooking Time Apr. 3rd  
11:30AM - 1:00 PM

Drumming Class Apr 17th  
11:30 AM - 1:00 PM

\*An ASL interpreter can be requested for any meeting with minimum 48 hours notice by contacting [info@voicesofhopelex.org](mailto:info@voicesofhopelex.org)

# April 2024

644 N Broadway, Lexington KY 40508 | 859.303.7671 | [VOICESOFHOPELEX.ORG](https://www.voicesofhopelex.org)

