

Weekly Meetings

- monday All Recovery Meeting **6-7pm***
Harm Reduction Works (online only) **6-7pm**
- tuesday Harm Reduction Works **3-4pm**
Tai Chi - Moving Meditation **5-6pm**
Free Yoga Class **6:30-7:30pm**
Family & Friends SMART Meeting **6:30-7:30pm**
- wednesday Al-Anon **12-1pm**
Young People's All Recovery Meeting **5-6pm**
Narcotics Anonymous **6-7:30pm**
LifeRing Secular Recovery **6:30-7:30pm**
- thursday Tai Chi - Moving Meditation **5-6pm**
Grief Support Group **6:30-7:30pm**
Medication Assisted Recovery Anonymous **8-9pm**
- friday Double Trouble Recovery **5-6pm**
SMART Recovery **6:30-7:30pm**
LGBTQ+ All Recovery Meeting **8-9pm**
- saturday Narcotics Anonymous **12-1:30pm**
Narcotics Anonymous **7-8pm**
- sunday Narcotics Anonymous **5-6:30pm**

Special Events

Monday, November 15th -
Community Thanksgiving
Meal at 4:30pm!
All are welcome!

**An ASL interpreter can be
requested for any meetings with 48
hours notice by contacting
info@voicesofhopelex.org.*

Virtual Options

Zoom meetings are available
at linktr.ee/recoveronline

CALENDAR
NOVEMBER 2021

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