

Weekly Meetings

- monday** Men's All Recovery Meeting **6-7pm**
Harm Reduction Works (online only) **6-7pm**
Alcoholics Anonymous **8-9pm**
- tuesday** Tai Chi - Moving Meditation **5-6pm**
Free Community Yoga Class **6:30-7:30pm**
Family & Friends SMART Recovery Meeting **6-7:30pm**
- wednesday** LGBTQ+ All Recovery Meeting **12-1pm**
Al-Anon **12-1pm**
Young People's All Recovery Meeting **5-6pm**
LifeRing Secular Recovery **6:30-7:30pm**
- thursday** Tai Chi - Moving Meditation **5-6pm**
Free Community Yoga Class **6:30-7:30pm**
Grief Support Group **6:30-7:30pm**
Medication Assisted Recovery Anonymous **8-9pm**
- friday** SMART Recovery **6:30-7:30pm**
Alcoholics Anonymous **8-9pm**

Special Events

Overdose Response Training

Register to attend:

Inperson: <https://tinyurl.com/yya6vys3>

Online: <https://tinyurl.com/y6j9d8qn>

Wednesday Oct 21st 6 - 7 PM

Jobs for Life

Register to attend:

<https://tinyurl.com/Jobs4Life>

Oct 26-30 Daily 1:00-4:30 PM

Game Night

Join us for a scavenger hunt!

Wednesday Oct 28th from

6:00-7:30pm

Virtual Options

Zoom meetings are available at

linktr.ee/recoveronline

CALENDAR
OCTOBER 2020

450 Old Vine St., Lexington, KY 40507 | (859) 303-7671 | [VOICESOFHOPELEX.ORG](https://www.voicesofhopelex.org)

